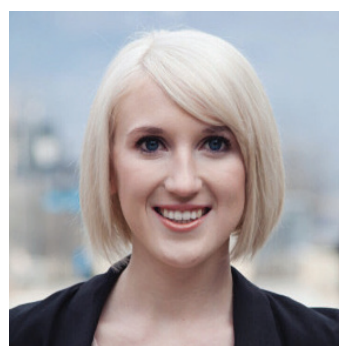




I suffer from depression and I'm not ashamed

**MeToo.**

**Michael Landsberg,**  
Sports Broadcaster



Also hear from:

**Kimberly Rutledge**  
of jack.org

# Stories of courage, strength, and community in the face of mental illness

The statistics are not changing. One in every five Canadian is affected by mental illness and the stigma is as strong as ever. 'Me Too' is bringing some of the brightest minds and speakers to the table to continue the conversation and smash the stigma. Join us for our final event of this six-part series.

### Join us in person

**Thur, Feb 23, 2017 | Doors: 6pm**  
SFU Goldcorp Centre for the Arts

Djavad Mowafaghian Cinema  
149 West Hastings Street, Vancouver

**RSVP & more info at: [vghfoundation.ca/metoo](http://vghfoundation.ca/metoo)**

### Watch the live Webcast

Join us for the live Webcast at:  
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View previous videos from past 'MeToo' events by searching "me too conversations" on YouTube.

**MeToo.**  
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